



Understanding and improving the relationship between horse and rider



Saturday workshops 9 am - 12 pm (Dordogne – Perigueux)

Offering a three hour clinic covering different aspects of the relationship between horse and rider. This will include dressage and also a personal development programme to promote a real partnership with your horse. To achieve this we will cover human and animal psychology for a deeper mutual understanding, ground training based on natural horsemanship and Tai Chi exercises to improve our equestrian and communication skills.

We are also proposing workshops to beginners or non riders who want to be introduced to the benefits of working with horses

Horse riding clinic (2 or 3 days):

The purpose of these clinics is to offer a wide range of experiences and perspectives to develop intimacy, harmony and balance with your horse. These clinics combine gentle methods of leadership , ground training, with traditional dressage techniques. These are also introduced by tai chi exercises in order to promote grounding, perception and feel.

Pricing

Private lesson €60

Saturday workshop €60

Clinic (2 or 3 days) €120per day – possibility of private clinic

There is no requirement for the level of the student or horse as we adapt ourselves to each participant

Marc Silvestri

Horse trainer fluent in English
Human and animal etho psychology,
Tai chi chuan

More info: www.equihom.com

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